

CLINICALQ, BRAINDRIVING & SYNERGIC THERAPIES

Advanced Neurotherapy Training for Professionals

Paul G. Swingle, Ph.D., R. Psych.

Author of *"Biofeedback for the Brain"* (Rutgers University Press), and
"Basic Neurotherapy: The Clinician's Guide"



3-Day WORKSHOP

October 26th – October 28th 2012

SWINGLE
CLINIC 

630-1190 Melville St., Vancouver, BC, Canada

The advanced workshop offers training in more complex forms of braindriving and adjunctive aggressive treatment procedures that potentiate neurotherapy. Enrollment is limited to those licensed professionals who are experienced neurotherapy practitioners. Synergic somatic (largely non-verbal) therapies that combine effectively with neurotherapy for efficient and rapid treatment outcomes are presented with hands-on training. These treatment options have been developed to markedly accelerate and facilitate neurotherapy.

The workshop starts with a review of the ClinicalQ precise assessment procedure that determines treatment strategy. Combinations of treatment options including neurofeedback, braindriving, and non-EEG contingent procedures including stimulation with sound, micro-amperage stimulation, light, and vibration appropriate for a wide range of disorders are presented in detail, so practitioners can immediately apply these efficient techniques.

Therapies primarily focused on the release and processing of emotional trauma, the alleviation of body resident distress, and the amelioration of preconscious emotional triggers are presented with sufficient experiential training to permit licensed professionals to immediately incorporate the basics of these procedures into their practices. The therapies to be presented include: hypnosis, Observational and Experiential Integration (OEI), Emotional Freedom Technique (EFT), and Somatoemotional Release (SER).

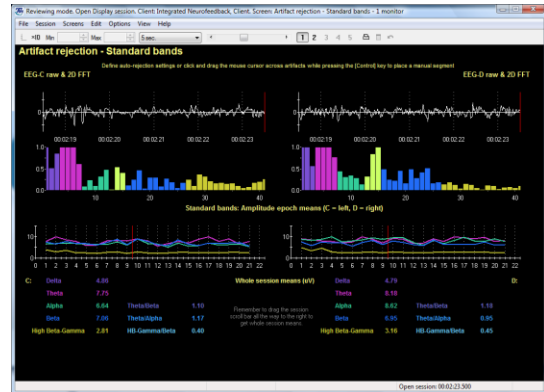
The workshop reviews the more advanced ClinicalQ and Braindryvr methods. Each topic is designed to help professionals learn what has been shown to work from experience and research. The selection of the appropriate unconditioned stimuli for braindriving and the various methods for administering complex Braindryvr protocols are shown. Unique concerns regarding the treatment of clients with severe emotional trauma, chronic depression, the heavily medicated and infants with life threatening disorders are reviewed. Conditions that require full QEEG will be identified as will conditions in which the more aggressive treatments are contraindicated.

THE CLINICALQ ASSESSMENT

The advanced workshop being limited to professionals experienced with neurotherapy, the ClinicalQ assessment are reviewed and the more advanced clinical data based assessments are examined

DETERMINATION OF TREATMENT REGIMEN

The ClinicalQ identifies the precise nature and location of the neurological condition(s) associated with the client's presenting complaints. This permits the neurotherapist to develop a treatment program and review same with the client in the first intake session. Neurotherapy protocols including the more advanced braindriving and synergic therapies are examined in detail with many case studies



BRAINDRYVR TRAINING

Braindriving is a classical conditioning paradigm in which an unconditioned stimulus is paired with departures from brainwave training thresholds. The workshop demonstrates a variety of these unconditioned stimuli and the research supporting the application for specific neurological conditions. The techniques used for braindriving are demonstrated and the methods for testing the efficacy of each stimulus are reviewed. Clients most suitable for braindriving procedures are reviewed. Braindriving being a treatment procedure that does not rely on client attention or volition is widely applicable to many severe clinical conditions including infantile epilepsy, dementias, severe developmental delays, autism, as well as to conditions in which more aggressive treatment protocols are required.

HYPNOSIS

Hypnosis can be a very effective adjunctive treatment to neurotherapy. The rapid induction methods will be demonstrated and the various applications of hypnosis are discussed. The applications of hypnosis include brainwave manipulation as well as more traditional uses for calming, and trauma redefinition.

EFT

EFT (Emotional Freedom Technique) is a self-administered method of tapping various acupuncture points in sequence. The research conducted by Dr. Swingle has shown that this procedure increases some specific brainwave amplitudes and has been found very effective in the adjunctive treatment of conditions including seizure disorders. The procedure and case studies are presented and reviewed.

CRANIOSACRAL THERAPY (CST) AND SOMATOEMOTIONAL RELEASE (SER).

CST and SER are based on monitoring and manipulating the craniosacral rhythm. Very effective for quieting distressed children, the procedures are also used for increasing calm and quiet associated with neurotherapy. SER is a procedure where the body is moved to various positions until an abrupt stop in the craniosacral rhythm is sensed. This abrupt cessation of the rhythm can be associated with pain, discomfort and unresolved emotional trauma. Hands-on experience with these techniques is presented and the unique issues associated with pediatric use of these procedures are reviewed.

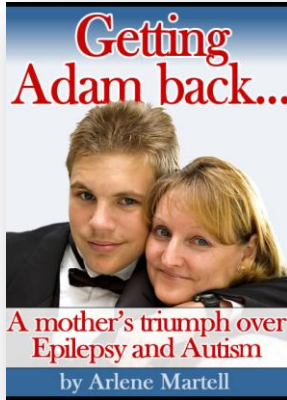
OBSERVATIONAL AND EXPERIENTIAL INTEGRATION (OEI)

All clinicians in the Swingle Clinic are trained in OEI, a new trauma therapy that can be used either in conjunction with neurotherapy or independently. OEI can be used with: sleep difficulties, eating disorders, addictions & self-harming behaviours, panic attacks, social anxiety, and couples work. In the seminar, participants will see video and live demonstrations of OEI, and will learn several techniques that can be immediately applied with clients.

Words from a mom whose child was treated

Arlene Martell, Author of *"Getting Adam Back"*

www.gettingadamback.com



It is hard to put into words the gratitude I have for what Dr. Swingle has done for my son. Adam was diagnosed with Lennox-Gastaut syndrome, a severe form of epilepsy, and Asperger's syndrome, a form of autism – his prognosis was continued mental retardation and a life of uncontrolled seizures.

Already as a family, our life was greatly impacted as we tried to cope with a child who was extremely obsessive compulsive, did not have the ability to reason or understand consequences and had terrible seizures, learning disabilities, behavior problems and no impulse control.

Every parent wants what is best for their child but when a treatment I had not heard of comes along after so many others have failed, including 6 medications, while continuing to watch your child deteriorate – it is hard to keep faith. Dr. Swingle did more than give me hope – he healed my son, giving him a new chance at life.

Adam simply could not function when we started treatment. He loved the sessions and we started to see little things change week after week. His short term memory came back, he was able to learn to read and remember the lessons he learned the day before. Adam started to interact with other kids, he started to draw, he started to ask questions and make decisions, his attention span greatly improved. The obsessions that ruled his life were reduced to a fraction of what they were. He started to play with his siblings and most importantly, he was no longer depressed and had a positive outlook on his own life.

The change was remarkable. The teachers were stunned, and so was the hospital's physiologist. Adam's brain was damaged because of the years of seizures and medications, but he made an amazing recovery over a 2-year period of time. You would not know he was the same child – Dr. Swingle gave Adam a chance to catch up and we watched him become more "normal" every day.

Today Adam has graduated from high school, is completely drug and seizure-free and 90% of his autistic tendencies are gone. I felt it was time to give back and started a website called EpilepsyMoms.com where I am able to give direction to other moms desperate for help and in the same shoes I walked in years before. I will continue to promote this therapy and tell every mom who finds me because the alternative for these kids is just not acceptable to me. It is painful to think of where Adam would be without neurotherapy.

Words from a mom on the ClinicalQ assessment

Susan Olding

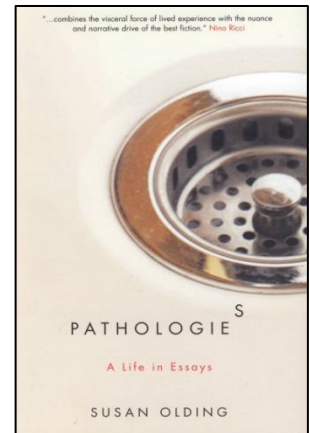
From her book "*Pathologies*" Freehand Press

Mind Reader

Desperate, determined, undeterred by cost or lack of insurance coverage, undismayed by the doubts of conventional physicians, undaunted by the practitioner's Dickensian-sounding name, I switched off my cell phone at the threshold of Dr. Swingle's office and carried my daughter across...

I had brought a medical and developmental history—the long litany of concerns that had brought us to his door—but Dr. Swingle waved the papers aside without even looking at them. Instead, he ushered Maia toward a computer screen on the other side of the room and told her to put her feet on the stool below. Then he fixed a couple of delicate wires to her ears...

Then Dr. Swingle sent Maia to the "treasure chest" in the waiting room. He stared at the printout in his hand. "Here," he said, and he pointed to an outline of the brain, "these numbers imply trauma." He shrugged, palms up, waiting for my response. I nodded. "And here," he continued, "too much theta. This is the hyperactivity people associate with ADHD. But it's minor. In the ballpark I play in, she barely makes the field." There was more: extreme stubbornness, a tendency to perseverate, lapses of short-term memory, attachment disorder, inability to read social cues, emotional reactivity, tantrums, explosions. One by one he read the ratios, divining my daughter's character—more quickly, more accurately than any professional I'd yet encountered.



THE THREE-DAY ADVANCED WORKSHOP IS LIMITED TO PROFESSIONAL HEALTH CARE PROVIDERS.

THE WORKSHOP IS SUITABLE FOR ALL CLINICIANS USING ANY NEUROTHERAPY EQUIPMENT PLATFORM.

SCHEDULE

Friday, October 26th 2012: 9am – 5pm

Saturday, October 27th 2012: 9am – 5pm

Sunday, October 28th: 9am – 1pm

LOCATION

Swingle Clinic, 630-1190 Melville Street, Vancouver BC, V6E 3W1

REGISTRATION

Registration Fee: **\$950** (Fee includes copy of The Clinician's Guide and ProSweep CD)

To register, please call us at 604-608-0444. For more information, contact us at

rita@swingleclinic.com

THIS WORKSHOP IS ACCREDITED BY THE AMERICAN PSYCHOLOGICAL ASSOCIATION FOR CONTINUING EDUCATION UNITS. APA CEUs GIVEN FOR THIS WORKSHOP WILL BE ACCEPTED BY BCIA FOR RECERTIFICATION.



Paul G. Swingle, Ph.D. was professor of psychology at the University of Ottawa prior to moving to Vancouver. A fellow of the Canadian Psychological Association, Dr. Swingle was lecturer in psychiatry at Harvard Medical School and during the same time period was associate attending psychologist at McLean Hospital (Boston) where he also was coordinator of the clinical psychophysiology service. Dr. Swingle was chairman of the Faculty of Child Psychology at the University of Ottawa. He has also taught at McGill University, Dalhousie University and McMaster University. He is a registered psychologist in British Columbia and is certified in biofeedback and neurotherapy. Since 1997 he has been in private practice in Vancouver, British Columbia. His newest book "Biofeedback for the Brain" was published by Rutgers University Press.



Dr. Bradshaw has over 35 years of experience as a Counsellor, Psychologist, and Career Coach. For much of that time he has been devoted to the discovery and development of a totally new set of techniques to optimize performance, in work and in life. This new approach is known as Observed & Experiential Integration (OEI). It has been used to effectively remove barriers to peak performance in athletes, performing artists, and business executives. Working at Precision Neurometrics, he now combines OEI with Neurotherapy to help clients reach their greatest potential.

WHAT OTHERS HAVE SAID ABOUT Dr. SWINGLE'S WORKSHOP:

"Thanks for organizing a successful event." SL, Vancouver, Canada

"Fantastic!" KB, Texas, USA

"Thank you for all you have done to make this one of the best trainings I have ever gone to. It is the best biofeedback training!!!" MC, California, USA

"Excellent presentation, congratulations!" DT, Germany

"I learnt an enormous amount from Dr. Swingle at the workshop - particularly regarding his approach to ensuring that treatment begins quickly. It's not just that the QUICKQ is short in terms of the time it takes to administer. It's also designed so that good quality information can be extracted without the need for lengthy analysis. More please!" JW, England



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